**Terms and Conditions**

**Girls Competition**

**Girls Competition / Rules per age category**

**Competition Participation Rules:**

**Individual Event:** Each participating school may enter two (2) students in each event per category.

**Team Events (relays)**: Each participating school may enter one (1) team in each event per category.

**Each student may participate in two (2) Individual events and one (1) Relay.**

**Participation Rules regarding Qatar National Teams & Clubs**

Each school is allowed to participate with ONLY ONE (1) student registered to a Club or a Qatar National Team member for each competition event and ONLY TWO (2) for each Relay.

* **Primary:**

**50m, Long Jump, Shot Put, 4x50m relay**

* **Preparatory:**

**Long Jump - Shot Put - High Jump - 60m - 200m – 4x50m Relay**

* **Secondary:**

**Long Jump, Shot Put, High Jump, 60m-200m, 4x50m Relay**

**Shot put weight:**

* **Primary: 2kg**
* **Preparatory : 3kg**
* **Secondary : 4kg**

**Primary:**

|  |  |  |
| --- | --- | --- |
| **Notes** | **Competition** | **TIME** |
|  | **60m** | **9:00** |
|  | **Long jump** | **9:05** |
| **Weight: 2 KG** | **Shot put** | **9:10** |
|  | **200m** | **9:30** |
|  | **50×4m** | **10:00** |

**Preparatory:**

|  |  |  |
| --- | --- | --- |
| **Notes** | **Competition** | **Time** |
|  | **Long jump** | **9:00** |
| **Weight: 3 KG** | **Shot put** | **9:05** |
|  | **High jump** | **9:10** |
|  | **60m** | **9:15** |
|  | **200m** | **9:30** |
|  | **50×4m** | **10:00** |

**Secondary:**

|  |  |  |
| --- | --- | --- |
| **Notes** | **Competition** | **Time** |
|  | **Long jump** | **9:00** |
| **Weight: 4 KG** | **Shot put** | **9:05** |
|  | **High jump** | **9:10** |
|  | **60 m** | **9:15** |
|  | **200 m** | **9:30** |
|  | **50×4m** | **10:00** |